

## CLAIMS

1. An agent lowering body fat percentage or an inhibitor of body fat percentage increase containing soybean 7S protein as an active ingredient.

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2. The agent lowering body fat percentage according to Claim 1, for overweight persons with a body fat percentage of 30% or more.

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3. The agent lowering body fat percentage or the inhibitor of body fat percentage increase according to any one of Claims 1 and 2 containing 2.5% or less of polar lipids in a solid content of soybean 7S protein.

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4. The agent lowering body fat percentage or the inhibitor of body fat percentage increase according to any one of Claims 1 and 2 containing 1.2% or less of phytic acid in a solid content of soybean 7S protein.

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5. Foodstuffs containing the agent lowering body fat percentage or the inhibitor of body fat percentage increase according to Claim 1.